



Innovative approaches for participation and inclusion of migrant and senior women

Training resource

ANNEX 1

GUIDE FOR INTERVIEWS

QUESTIONS RELATED TO LEARNING OUTCOMES

KEY COMPETENCES

1. Communication in mother tongue/foreign language
*Have you taught someone how to say Good Morning in your language?
Tell us the name of the traditional Polish/Italian/Ghanan traditional food.*
2. Mathematical competencies
Did you make an estimation of how much the ingredients for the traditional recipe you proposed would cost?
3. Digital competencies
*Have you visited the Facebook page of ALCE group?
Can you upload this picture please?*
4. Learning to learn
What is the most relevant thing that you learned here?
5. Interpersonal and civic competencies
*Do you think you are more able to put yourself in others shoes?
Are you more aware of your responsibility to pass on your knowledge of culinary cultural traditions to new generations?*
6. Cultural expression
Explain to us how you cook your traditional recipe!
7. Entrepreneurship
After this experience, will you use any of the knowledge you learned in your life?

OTHER SKILLS

1. Awareness of different local realities
What did you learn about other local community's view of your reality?
 - 1.1. Questions for those who took part in learning mobilities
What did you learn about other local realities (in places you've visited during learning mobilities)?
2. Presentation skills
You have 1 minute to present to us the ALCE project!
3. Knowledge of culinary traditions and natural remedies
Tell us one recipe and one natural remedy from countries other than your own.

4. Creativity
When did you use your creativity during ALTC?
5. Sense of Initiative
Have you ever felt that in the group work there was a need of your sense of initiative? If yes, how did you use it?
6. Problem solving
It is a cooking session, there are a few ingredients and utensils, the space is very small but the group is crowded. Everybody wants to cook! How do you react in this situation?
7. Group work
Have you enjoyed small group work? How was it?
8. Management of events
Tell us your role in the preparation of the event.
9. Internal and external communication (*internal within the group and external outside of the group*)
Was it easy to listen to others during the group discussions?
Did you promote the cultural event through your contacts (friends, family)?
10. Self-reflection
You after ALCE: tell us three new things that you discovered about yourself.