



ALCE – Appetite for Learning Comes with Eating

ALCE (Appetite for Learning Comes with Eating) is a two years Grundtvig Multilateral project under the LifeLong Learning Programme. It involves five partners: CESIE (Italy), MEH-Merseyside Expanding Horizons (England), VM-Verein Multikulturell (Austria), Elan Interculturel (France) and SIC-Senior Initiative Center (Lithuania).



ALCE focuses on two main target groups:

- native senior women older than 60 years of age
- young migrant women between 18 and 40 years of age

Main objectives of ALCE are:

- breaking social isolation of specific target groups suffering from multiple discrimination
- developing intercultural and intergenerational dialogue between the two target groups
- improve European wellbeing and health through a better knowledge of culinary traditions and natural curative methods
- conception of a book "Our European Traditions and Natural Curative Methods"

The learning phase will be based on exchange of food traditions and natural curative methods, cultural events, learning mobilities, the creation of a book gathering traditional recipes and remedies, and the creation of a pedagogical manual on innovative approaches to stimulating inter-generational and intercultural learning.



In Innsbruck the first seven sessions of the Active Learning Training Course (ALTC) before the summer break took place. Through the cooperation with the „Wohnheim Pradl“ – old people’s home in Innsbruck the women met there and tried out the recipes.

At the moment Verein Multikulturell is collecting the recipes from all partner countries for the creation of the book.

In autumn the women will create a cultural event and will take part in several learning mobilities.



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